

Method Statement for Rasen Riders Club (Safe System of Work)



This method statement is generic but not exhaustive. Situations can change and as such, site specific decisions might need to be made in order to protect the safety of persons on-site.

Description of Work

Name of activity: **Build & maintain XC (Cross Country) trail in Walesby Moor Wood.**

Season: **Spring / Summer / Autumn / Winter**

Persons on-site: **1 to 15**

Location Details & Time Scale

Location: **Northern corner of Walesby Moor Wood.
Grid Ref: TF 11889 92029 (Trail)
Grid Ref: TF 11855 90875 (Walesby Moor Main Gate)
Easting 511889 Northing 392029
Address: Ops 7 Moor Road, Market Rasen. LN8 3UR**

Expected Time Scale: **On-going**

1st Aid / Emergency Contacts

Name of 1st Aider: **Jon Snowball (if on-site)**

1st Aid Kit: **No** **Yes** **We can not guarantee a 1st aid kit will always be on-site.**

In An Emergency: **Call 999 or 112 & ask for assistance relevant to the situation.**

Serious Incident: **Personal on-site are expected to stay with any IP until emergency services arrive.**

I.C.E Contact: **Available on file with Rasen Riders committee members.**

Plant / Tools / Equipment (All the below is advisory)

Eye protection either safety glasses or goggles / Gloves which are preferably cow hide / Totector boots or shoes / Cutting equipment such as saws / Digging equipment such as spades and shovels / Road cone(s) / Public warning signs (Ride area for Rasen Riders only) / Directional course signs

Welfare Facilities

There are no welfare facilities on-site. The toilet during the day is in Market Rasen which is approx. 2miles away.

Circulation

This method statement will be circulated to all Rasen Riders members annually and a laminated copy left on-site in Walesby Moor Wood at the trail.

Review of this Method Statement

August 2016. **Done / JMS**

August 2018.

August 2020.

August 2017.

August 2019.

August 2021.

Work Methodology

1. Design the trail using string to show it's future route.
2. Whilst wearing safety glasses and gloves (strongly advised), clear the trail to make it passable for bicycles. Cut protruding branches right back to the tree.
3. Use a common sense and safe approach when clearing items such as fallen tree, protruding branches, nettles, brambles and other such flora / woodland material (DO NOT CUT DOWN ANY TREES OR BUSHES WITHOUT PRIOR CONSENT FROM THE FORESTRY COMMISSION).
4. Design the trail in such a way that it does not travel through or get too close a wet or boggy areas e.g. if a cyclist was to unexpectedly leave the trail the bicycle and cyclist would not be expected to end up in the wet or boggy area (as per our Risk Assessment).
5. Design the trail in such a way that it is not dually unsafe to ride such as pass under low branches or through impassable trees and brushes
6. If working on the trail and static, a traffic cone should be place on the trail before the work area advising cyclist of a potential hazard ahead.
7. Litter is unacceptable and no littering should occur. If litter is seen it should be collected and taken away.
8. Unsafe acts are unacceptable and should be reported to a club committee member.
9. The site / trail should always be left safe and ready to ride. If the trail is unrideable for any reason a traffic cone should be placed at the start of the trail or near the obstruction and a club committee member needs to be notified.
10. We will always recommend that anyone working on the trail wears gloves and goggles as an absolute minimum. If gloves and goggles can not be obtain on-site we strongly advise the person(s) to contact a member of the Rasen Riders committee and assess the situation.
11. No power tools to be used when creating the trail.
12. No smoking is permitted on or around the trail.
13. The forestry Commission and the club (Rasen Riders) understand that this will not be a secure site and that non club members will find and ride the trail. Due to this the route should be based on a traditional blue route difficultly i.e. turns, dips, switchbacks etc. that are of an easy to medium difficulty that can be ridden by all.
14. Reasonable care is to be taken to prevent disturbance to wild fauna and flora throughout the entire woodland area.

Method Statement Author Details

Name: **Jon Snowball**

Position: **Club Chairman**

Contact: rasenriders@mail.com

Date: **24th August 2016**

Likelihood	3	3	6	9	High
	2	2	4	6	Medium
	1	1	2	3	Low
	Risk	1	2	3	Risk Level

The **Hazard** is something that can cause harm, e.g. other cyclist, vehicles, badly maintained bicycle, etc.

The **Risk** is the hazard and it's outcome.

The **Likelihood** is the chance of a hazard happening.

