

Risk Assessment for Rasen Riders Club Activities



This risk assessment is generic & represents an average ride. Situations can change such a weather, heavy traffic, cyclist numbers in the rode, etc. These scenarios are covered in general terms in this assessment as every ride is different.

Club Official & Riders

Name of activity:	(COVID-19) All text in red overrides any existing risk assessments
Season:	Spring / Summer / Autumn / Winter
Rider Numbers:	1 to 6
Abilities:	Mixed
Age Range:	14+
Ride Leader:	Differs from ride to ride - Always try to have an experienced rider leading a group

Route Details

Location:	Public Highways / Public Bridleways / Usually in Lincolnshire around the Market Rasen area. The Lincolnshire Wolds back roads are considered (local knowledge) to be some of the quietest in the area.
Length of Route:	10-30mls for less experienced riders. 30-100mls for more experienced riders.
Other Route Users:	Public traffic / Commercial traffic / Foot or Pedestrian traffic / Farm vehicles / Horse & Rider / Other Cyclists / Sheep & Cows / Others.

1st Aid / Emergency Contacts

Name of 1st Aider:	Jon Snowball (if on the rider)
1st Aid Kit:	<input type="checkbox"/> No <input checked="" type="checkbox"/> Yes First aid kit will usually be available.
In An Emergency:	Call 999 & ask for assistance relevant to the situation.
Serious Incident:	Riders are expected to stay with any IP until emergency services arrive.
I.C.E Contact:	Available on file with Rasen Riders committee members.

Risk Assessment Author Details

Name:	Jon Snowball
Position:	Club Founder
Contact:	rasenridersclub@gmail.com
Date:	5th August 2020

Likelihood	3	3	6	9	High	A Hazard is something that can cause harm, e.g. other cyclist, vehicles, badly maintained bicycle, etc. A Risk is the chance that any hazard will actually cause somebody harm. A Likelihood is the chance of a Hazard happening.
	2	2	4	6	Medium	
	1	1	2	3	Low	
	Risk	1	2	3	Risk Level	

Risk Assessment

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Hazard Description:	Risk & Outcome:	Risk Vs. Likelihood	Advise Ride Group / Rider	Reduce Risk:	Date Review Required	
COVID-19	Contracting Coronavirus which can spread the illness or cause serious illness or death to the recipient	1	If social distancing and Government recommendations are maintained, COVID-19 should not be an issue	Wear masks if stopped in a group or end up within a building	Aug-20	Done
		Vs.			Oct-20	
		1			Dec-20	
		= 1			Feb-21	
					Apr-21	
Coffee stops	Increased public contact outside of our control or people personal bubbles	2	Advise all riders to bring enough fluid for a 30-40m ride	No coffee stops. BS request all measures are taken to reduce risk to health. Avoiding public spaces where possible is included	Aug-20	Done
		Vs.			Oct-20	
		1			Dec-20	
		= 1			Feb-21	
					Apr-21	
Group Size	Increased numbers in a group promotes the spread of COVID-19	2	Advised the riders that groups no more than 6 (including the ride leader) are not allowed	Groups larger than 6 will be split up	Aug-20	Done
		Vs.			Oct-20	
		1			Dec-20	
		= 1			Feb-21	
					Apr-21	
Changing World / Local Lockdowns	Venturing out when a National or Local lockdown is in place	2	All rides will be cancelled during these periods	No ride	Aug-20	Done
		Vs.			Oct-20	
		1			Dec-20	
		= 1			Feb-21	
					Apr-21	
Showing symptoms of COVID-19	Spreading the disease causing illness or death	2	Rasen Riders can not be accountable for your personal actions. If you are displaying symptoms of C-19, DO NOT RIDE	Club member not riding	Aug-20	Done
		Vs.			Oct-20	
		1			Dec-20	
		= 2			Feb-21	
					Apr-21	
Distancing Whilst Riding	Cycling too close which aids the spread of C-19 causing illness and death	1	Maintain 2mtrs from other riders at all times. Choose quiet roads where spreading is more possible	Reducing the spread of C-19	Aug-20	Done
		Vs.			Oct-20	
		2			Dec-20	
		= 2			Feb-21	
					Apr-21	

NHS Test & Trace	Date Review Required	
<p>The nominated ride lead must obtain the names and numbers of the riders taking part. This detail is to be confidentially passed to a Rasen Rider official (Founder, Chairman, Treasurer or Secretary) via text or paper. They will then hold that detail for two months before destroying or erasing it. Alternatively, NAMES ONLY can be posted in the Rasen Riders WhatsApp chat but only at the agreement of all the rides. This does not need to be destroyed / erased.</p>	Aug-20	Done
	Oct-20	
	Dec-20	
	Feb-21	
	Apr-21	