

# Risk Assessment for Rasen Riders Club Activities



This risk assessment is generic & represents an average ride. Situations can change such a weather, heavy traffic, cyclist numbers in the rode, etc. These scenarios are covered in general terms in this assessment as every ride is different.

## Club Official & Riders

Name of activity: **Road Ride**

Season: **Spring / Summer**

Rider Numbers: **1 to 15**

Abilities: **Mixed**

Age Range: **18+**

Ride Leader: **Differs from ride to ride - Always try to have an experienced rider leading a**

## Route Details

Location: **Public Highways / Public Bridleways / Usually in Lincolnshire around the Market Rasen area. The Lincolnshire Wolds back roads are considered (local knowledge) to be some of the quietest in the area.**

Length of Route: **20-50mls for less experienced riders.  
50-100mls for more experienced riders.**

Other Route Users: **Public traffic / Commercial traffic / Foot/Pedestrian traffic / Farm vehicles / Horse & Rider / Other Cyclists / Others.**

## 1st Aid / Emergency Contacts

Name of 1st Aider: **Jon Snowball (if on the rider)**

1st Aid Kit:  **No**  **Yes** **Not usually however one might be carried from time to t**

In An Emergency: **Call 999 & ask for assistance relevant to the situation.**

Serious Incident: **Riders are expected to stay with any IP until emergency services arrive.**

I.C.E Contact: **Available on file with Rasen Riders committee members.**

## Risk Assessment Author Details

Name: **Jon Snowball**

Position: **Club Chairman**

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Date: **23rd August 2016**

Likelihood	3	3	6	9
	2	2	4	6
	1	1	2	3
Risk		1	2	3

**High**

**Medium**

**Low**

Risk Level

A **Hazard** is something that can cause harm, e.g. other cyclist, vehicles, badly maintained bicycle, etc.

A **Risk** is the chance that any hazard will actually cause somebody harm.

A **Likelihood** is the chance of a Hazard happening.

Risk Assessment

Hazard Description:	Risk & Outcome:	Risk Vs. Likelihood	Advise Ride Group / Rider	Reduce Risk:	Date Review Required	
<b>Public highway: All users.</b>	<b>Collision = Serious injury or death</b>	3	<b>Take care on the roads &amp; follow the highway code.</b>	<b>Avoid main road &amp; busy roads wherever possible</b>	Aug-16	Done
		Vs.			Aug-17	
		1			Aug-18	
		= 3			Aug-19	
					Aug-20	
<b>Weather: Sunny &amp; hot.</b>	<b>Dehydration &amp; Sunburn: Serious illness &amp; first degree burns. Long term affects of possible skin cancer.</b>	3	<b>Carry a full drink at the start of every ride &amp; money if possible.</b>	<b>Stay hydrated. Use plenty of sun screen. If you are feeling unwell flag it up with another ride &amp; stop.</b>	Aug-16	Done
		Vs.			Aug-17	
		2			Aug-18	
		= 6			Aug-19	
					Aug-20	
<b>Road Conditions.</b>	<b>Pot holes. Loose gravel. Tarmac banding. Manhole covers. Localised flooding, etc.</b>	3	<b>Good communicati- on between the riders. General awareness.</b>	<b>Slow down or roads which have gravel or in poor condition. Avoid known bad road wherever</b>	Aug-16	Done
		Vs.			Aug-17	
		3			Aug-18	
		= 9			Aug-19	
					Aug-20	
<b>Bike Condition: Bike failure whilst riding.</b>	<b>Punctures. Brake failure. Broken Chain &amp; other common bikes issues.</b>	2	<b>Keep your bicycle in a roadworthy condition.</b>	<b>Regular checks &amp; maintenance including professional bike shop maintenance if possible.</b>	Aug-16	Done
		Vs.			Aug-17	
		1			Aug-18	
		= 2			Aug-19	
					Aug-20	
<b>Not wearing a helmet.</b>	<b>Serious injury or death.</b>	3	<b>Always wear a helmet. Gloves are also advised at all times.</b>	<b>Make it mandatory that helmets are to be worn during all Rasen Riders cycling events.</b>	Aug-16	Done
		Vs.			Aug-17	
		1			Aug-18	
		= 3			Aug-19	
					Aug-20	
<b>Group size &amp; Ability.</b>	<b>Unnecessary crashes / collisions. Serious injury.</b>	1	<b>Ride to your personal ability and do not put other in undue danger.</b>	<b>Group / Rider etiquette.</b>	Aug-16	Done
		Vs.			Aug-17	
		2			Aug-18	
		= 2			Aug-19	
					Aug-20	

