

Risk Assessment for Rasen Riders Club Activities



This risk assessment is generic & represents an average ride. Situations can change such a weather, heavy traffic, cyclist numbers in the rode, etc. These scenarios are covered in general terms in this assessment as every ride is different.

Club Official & Riders

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|-------------------|--|
| Name of activity: | (COVID-19) All text in red overrides any existing risk assessments |
| Season: | Spring / Summer / Autumn / Winter |
| Rider Numbers: | 1 to 6 |
| Abilities: | Mixed |
| Age Range: | 14+ |
| Ride Leader: | Differs from ride to ride - Always try to have an experienced rider leading a group |

Route Details

| | |
|--------------------|---|
| Location: | Public Highways / Public Bridleways / Usually in Lincolnshire around the Market Rasen area. The Lincolnshire Wolds back roads are considered (local knowledge) to be some of the quietest in the area. |
| Length of Route: | 10-30mls for less experienced riders. 30-100mls for more experienced riders. |
| Other Route Users: | Public traffic / Commercial traffic / Foot or Pedestrian traffic / Farm vehicles / Horse & Rider / Other Cyclists / Sheep & Cows / Others. |

1st Aid / Emergency Contacts

| | |
|--------------------|---|
| Name of 1st Aider: | Jon Snowball (if on the rider) |
| 1st Aid Kit: | <input type="checkbox"/> No <input checked="" type="checkbox"/> Yes First aid kit will usually be available. |
| In An Emergency: | Call 999 & ask for assistance relevant to the situation. |
| Serious Incident: | Riders are expected to stay with any IP until emergency services arrive. |
| I.C.E Contact: | Available on file with Rasen Riders committee members. |

Risk Assessment Author Details

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|-----------|--|
| Name: | Jon Snowball |
| Position: | Club Founder |
| Contact: | rasenridersclub@gmail.com |
| Date: | 5th August 2021 |

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|------------|------|---|---|---|---------------|--|
| Likelihood | 3 | 3 | 6 | 9 | High | A Hazard is something that can cause harm, e.g. other cyclist, vehicles, badly maintained bicycle, etc. A Risk is the chance that any hazard will actually cause somebody harm. A Likelihood is the chance of a Hazard happening. |
| | 2 | 2 | 4 | 6 | Medium | |
| | 1 | 1 | 2 | 3 | Low | |
| | Risk | 1 | 2 | 3 | Risk Level | |

Risk Assessment

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|--|--|--|--|--|--|
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|--|--|--|--|--|--|

| Hazard Description: | Risk & Outcome: | Risk Vs. Likelihood | Advise Ride Group / Rider | Reduce Risk: | Date Review Required | |
|---|--|---------------------|---|---|----------------------|-------------|
| COVID-19 | Contracting Coronavirus which can spread the illness or cause serious illness or death to the recipient | 1 | If social distancing and Government recommendations are maintain, COVID-19 should not be an issue | Wear masks if stopped in a group or end up within a building | Aug-20 | Done |
| | | Vs. | | | Oct-20 | Done |
| | | 1 | | | Dec-20 | Done |
| | | = 1 | | | Feb-21 | Done |
| | | | | | Apr-21 | Done |
| Coffee stops | Increased public contact outside of our control or people personal bubbles | 2 | Advise all riders to bring enough fluid for a 30-40m ride | No coffee stops. BS request all measures are taken to reduce risk to health. Avoiding public spaces where possible is included | Aug-20 | Done |
| | | Vs. | | | Oct-20 | Done |
| | | 1 | | | Dec-20 | Done |
| | | = 1 | | | Feb-21 | Done |
| | | | | | Apr-21 | Done |
| Group Size | Increased numbers in a group promotes the spread of COVID-19 | 2 | Advised the riders that groups no more than 6 (including the ride leader) are not allowed | Groups larger than 6 will be split up | Aug-20 | Done |
| | | Vs. | | | Oct-20 | Done |
| | | 1 | | | Dec-20 | Done |
| | | = 1 | | | Feb-21 | Done |
| | | | | | Apr-21 | Done |
| Changing World / Local Lockdowns | Venturing out when a National or Local lockdown is in place | 2 | All rides will be cancelled during these periods | No ride | Aug-20 | Done |
| | | Vs. | | | Oct-20 | Done |
| | | 1 | | | Dec-20 | Done |
| | | = 1 | | | Feb-21 | Done |
| | | | | | Apr-21 | Done |
| Showing symptoms of COVID-19 | Spreading the disease causing illness or death | 2 | Rasen Riders can not be accountable for your personal actions. If you are displaying symptoms of C-19, DO NOT RIDE | Club member not riding | Aug-20 | Done |
| | | Vs. | | | Oct-20 | Done |
| | | 1 | | | Dec-20 | Done |
| | | = 2 | | | Feb-21 | Done |
| | | | | | Apr-21 | Done |
| Distancing Whilst Riding | Cycling too close which aids the spread of C-19 causing illness and death | 1 | Maintain 2mtrs from other riders at all times. Choose quiet roads where spreading is more possible | Reducing the spread of C-19 | Aug-20 | Done |
| | | Vs. | | | Oct-20 | Done |
| | | 2 | | | Dec-20 | Done |
| | | = 2 | | | Feb-21 | Done |
| | | | | | Apr-21 | Done |

| NHS Test & Trace | Date Review Required | |
|---|----------------------|-------------|
| <p>The nominated ride lead must obtain the names and numbers of the riders taking part. This detail is to be confidentially passed to a Rasen Rider official (Founder, Chairman, Treasurer or Secretary) via text or paper. They will then hold that detail for two months before destroying or erasing it. Alternatively, NAMES ONLY can be posted in the Rasen Riders WhatsApp chat but only at the agreement of all the rides. This does not need to be destroyed / erased.</p> | Aug-20 | Done |
| | Oct-20 | |
| | Dec-20 | |
| | Feb-21 | |
| | Apr-21 | |