

# Risk Assessment for Rasen Riders Club Activities



This risk assessment is generic & represents an average ride. Situations can change such a weather, heavy traffic, cyclist numbers in the rode, etc. These scenarios are covered in general terms in this assessment as every ride is different.

## Club Official & Riders

Name of activity:	<b>Trail Building / Maintenance at Walesby Moor Wood (Forestry Commission area)</b>
Season:	<b>Spring / Summer / Autumn / Winter</b>
Rider Numbers:	<b>1 to 15</b>
Abilities:	<b>n/a</b>
Age Range:	<b>18+</b>
Ride Leader:	<b>n/a</b>

## Route Details

Location:	<b>Northern corner of Walesby Moor Wood. Grid Ref: TF 11889 92029 (Trail) Grid Ref: TF 11855 90875 (Walesby Moor Wood Main Gate) Easting 511889 Northing 392029 Address: Ops 7 Moor Road, Market Rasen. LN8 3UR</b>
Length of Route:	<b>1-3mls</b>
Other Route Users:	<b>None Rasen Riders members who discover the trail.</b>

## 1st Aid / Emergency Contacts

Name of 1st Aider:	<b>Jon Snowball (if on-site)</b>
1st Aid Kit:	<input checked="" type="checkbox"/> <b>No</b> <input type="checkbox"/> <b>Yes</b> <b>Not usually however one might be carried from time to time.</b>
In An Emergency:	<b>Call 999 or 112 &amp; ask for assistance relevant to the situation.</b>
Serious Incident:	<b>Trail builders are expected to stay with any IP until emergency services arrive.</b>
I.C.E Contact:	<b>Available on file with Rasen Riders committee members.</b>

## Risk Assessment Author Details

Name:	<b>Jon Snowball</b>
Position:	<b>Club Chairman</b>
Contact:	<a href="mailto:rasenriders@mail.com">rasenriders@mail.com</a>
Date:	<b>23rd August 2016</b>

Likelihood	3	3	6	9	<b>High</b>	The <b>Hazard</b> is something that can cause harm, e.g. other cyclist, vehicles, badly maintained bicycle, etc. The <b>Risk</b> is the hazard and it's outcome. The <b>Likelihood</b> is the chance of a hazard happening.
	2	2	4	6	<b>Medium</b>	
	1	1	2	3	<b>Low</b>	
	Risk	1	2	3	Risk Level	

Risk Assessment

Hazard Description:	Risk & Outcome:	Risk Vs. Likelihood	Advise Ride Group / Rider	Reduce Risk:	Date Review Required	
<b>Hand tools.</b>	<b>Cuts and lacerations: Superficial / Serious injury.</b>	<b>3</b>	<b>Do not use equipment you have not been shown how to use or familiar with.</b>	<b>Use appropriate PPM including gloves and goggles. Wear totector boots if available.</b>	Aug-16	<b>Done</b>
		<b>Vs.</b>			Aug-17	
		<b>2</b>			Aug-18	
		<b>= 6</b>			Aug-19	
					Aug-20	
<b>Weather: Hot &amp; sunny.</b>	<b>Dehydration &amp; Sunburn: Serious illness &amp; first degree burns. Long term affects of possible skin cancer.</b>	<b>3</b>	<b>Take a large drink with you and use sun screen.</b>	<b>Stay hydrated. Use sun screen. Take regular breaks. If you are feeling unwell, flag it up with another rider and stop.</b>	Aug-16	<b>Done</b>
		<b>Vs.</b>			Aug-17	
		<b>2</b>			Aug-18	
		<b>= 6</b>			Aug-19	
					Aug-20	
<b>Weather: Cold, wet &amp; icy.</b>	<b>Hypothermia: Serious illness or death.</b>	<b>3</b>	<b>Wear the correct clothing when outside in these conditions.</b>	<b>Correct clothing. Cancel the trip if weather too bad (common knowledge).</b>	Aug-16	<b>Done</b>
		<b>Vs.</b>			Aug-17	
		<b>1</b>			Aug-18	
		<b>= 3</b>			Aug-19	
					Aug-20	
<b>Protruding branches.</b>	<b>Serious eye injury. Superficial / Serious injury</b>	<b>3</b>	<b>Wear eye protection whenever possible.</b>	<b>Use eye protection at all times and cut protruding branches whenever found.</b>	Aug-16	<b>Done</b>
		<b>Vs.</b>			Aug-17	
		<b>2</b>			Aug-18	
		<b>= 6</b>			Aug-19	
					Aug-20	
<b>Lone Worker.</b>	<b>Getting injured whilst on your own. No help in the case of an emergency.</b>	<b>3</b>	<b>Do not lone work whenever possible.</b>	<b>If lone working, advise someone of where you are going and what time you expect to be back. Carry a mobile phone.</b>	Aug-16	<b>Done</b>
		<b>Vs.</b>			Aug-17	
		<b>1</b>			Aug-18	
		<b>= 3</b>			Aug-19	
					Aug-20	
<b>Riders on the trail whilst maintenance is being carried out.</b>	<b>Collision. Superficial / Serious injury.</b>	<b>1</b>	<b>Be vigilant for riders when on the trail.</b>	<b>Use a traffic cone when static where it will be in view of on-coming riders to warn them of your presents.</b>	Aug-16	<b>Done</b>
		<b>Vs.</b>			Aug-17	
		<b>2</b>			Aug-18	
		<b>= 2</b>			Aug-19	
					Aug-20	

Hazard Description:	Risk & Outcome:	Risk Vs. Likelihood	Advise Ride Group / Rider	Reduce Risk:	Date Review Required		
<b>Slips, Trips &amp; Falls.</b>	<b>Superficial / Serious injury.</b>	<b>2</b>	<b>Be vigilant.</b>	<b>Tidy work areas. Take care of your personal space and have general awareness of potential</b>	Aug-16	<b>Done</b>	
		<b>Vs.</b>			Aug-17		
		<b>2</b>			Aug-18		
		<b>=</b>			<b>4</b>	Aug-19	
						Aug-20	
<b>3</b>	<b>Take care around wet areas.</b>	<b>Trail to be built in such a way that a bicycle leaving the trail should not end up in a wet area wherever possible.</b>	Aug-16	<b>Done</b>			
<b>Vs.</b>			Aug-17				
<b>1</b>			Aug-18				
<b>=</b>			<b>3</b>	Aug-19			
				Aug-20			